

# Social security & health

## Social security registration

It's included in your work contract, but you have to choose between 2 institutions that will “follow your contract”: MGEN or CPAM.

## Health insurance

The social security take care of the “basic” expense, but do not reimburse everything (glasses, ...). Even if not mandatory, it is very highly recommended subscribing to a complementary health insurance (*Complémentaire santé* in French).

The MGEN provide one for ~30 €/month.

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